

Assoc. Prof. ZEYNEP SÜMER

Personal Information

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Education Information

Doctorate, Middle East Technical University, Graduate School of Social Sciences, Rehberlik Ve Psikolojik Danışmanlık Anabilim Dalı, Turkey 1993 - 1999

Post Graduate, Middle East Technical University, Graduate School of Social Sciences, Rehberlik Ve Psikolojik Danışmanlık Anabilim Dalı, Turkey 1990 - 1993

Under Graduate, Middle East Technical University, Faculty of Education, Department of Educational Sciences, Turkey 1985 - 1990

Foreign Languages

English, C1 Advanced

Certificates, Courses and Trainings

Vocational Training, 315-hour certificate training on Adlerian Psychology , NASAP, 2008

Dissertations

Doctorate, The Effect of social skills training on perceived dimensions of social skills and sociometric status of primary school students, Middle East Technical University, Graduate School of Social Sciences, Rehberlik Ve Psikolojik Danışmanlık Anabilim Dalı, 1999

Post Graduate, The Role of certain demographic variables and marital satisfaction of husbands and wives, Middle East Technical University, Graduate School of Social Sciences, Rehberlik Ve Psikolojik Danışmanlık Anabilim Dalı, 1993

Research Areas

Guidance and Psychological Counseling

Academic Titles / Tasks

Associate Professor, Middle East Technical University, Faculty of Education, Department of Educational Sciences, 2015 - Continues

Assistant Professor, Middle East Technical University, Faculty of Education, Department of Educational Sciences, 2002 -

2015

Lecturer, Middle East Technical University, Faculty of Education, Department of Educational Sciences, 1999 - 2001

Research Assistant, Middle East Technical University, Faculty of Education, Department of Educational Sciences, 1998 - 1999

Expert, Middle East Technical University, Faculty of Education, Department of Educational Sciences, 1991 - 1998

Professional Experience

Fakülte Kurulu Üyesi, Middle East Technical University, Faculty Of Education, Department Of Educational Sciences, 2015 - 2018

Coordinator of The Rectorate, Middle East Technical University, Presidency Office, Presidency Office, 2012 - 2018

Deputy Head of Department, Middle East Technical University, Faculty of Education, Department of Educational Sciences, 2002 - 2004

Advising Theses

SÜMER Z., The associations among intimate partner acceptance-rejection/ control, psychological adjustment and marital adjustment, Post Graduate, A.ARACI(Student), 2018

SÜMER Z., The role of adult sibling relationship quality on career decision self-efficacy among university students, Post Graduate, Z.BÜŞRA(Student), 2017

SÜMER Z., Relationship maintenance behaviors and marital satisfaction: The mediator roles of relational equity and appreciation, Doctorate, N.BÜŞRA(Student), 2017

SÜMER Z., Risk involvement in emerging adulthood: The role of personal authority, intergenerational intimacy and family triangulation, Post Graduate, M.ALPEREN(Student), 2016

SÜMER Z., The mediator role of anger expression styles between experiencing parental psychological aggression and psychological dating aggression perpetration among college students, Post Graduate, L.ERGÜDER(Student), 2016

SÜMER Z., Psychological aggression perpetration among dating college students: The interplay of societal, parental and personal factors, Doctorate, E.TOPLU(Student), 2015

SÜMER Z., Sexual knowledge, sexual experiences and views on sexuality education among adults with visual disabilities, Post Graduate, H.DÖNER(Student), 2015

SÜMER Z., The relationship between psychological maltreatment and investment model, Post Graduate, S.EZGİ(Student), 2015

SÜMER Z., Developing and testing the effectiveness of the teacher training program on child sexual development, Post Graduate, G.NUR(Student), 2014

SÜMER Z., Romantic relationship satisfaction in emerging adulthood: The role of self concept clarity and personal agency, Post Graduate, E.ÇÜRÜKVELİOĞLU(Student), 2012

SÜMER Z., The interplay of perceived family factors and personal cognitive factors in predicting physical aggression among urban youth, Doctorate, E.ÇETİNKAYA(Student), 2010

SÜMER Z., College adjustment of international students: The role of gender, acculturative stress, coping skills, cultural distance, and perceived social support, Post Graduate, F.NİHAL(Student), 2010

SÜMER Z., The effects of friendship making skills training with board game on friendship making skills of fourth grade elementary school students, Post Graduate, D.ÖZTÜRK(Student), 2009

SÜMER Z., The predictors of life satisfaction of visually impaired Turkish adolescents, Post Graduate, D.AYDEMİR(Student), 2009

SÜMER Z., Resilience in university entrance examination applicants: The role of learned resourcefulness, perceived social support, and gender, Post Graduate, B.DAYIOĞLU(Student), 2008

SÜMER Z., The role of perceived social problem solving, narcissism, self-esteem, and gender in predicting aggressive behaviors of high school students, Post Graduate, D.TEMEL(Student), 2008

SÜMER Z., The effect of violence management training on violent behaviors and anger control of secondary school

students, Post Graduate, A.YORGUN(Student), 2007

SÜMER Z., The effects of father involvement training (FIT) on family functioning and peer relationships of 9th grade high school students, Doctorate, E.KOCAYÖRÜK(Student), 2007

SÜMER Z., Predictors of risk-taking behaviors among Turkish adolescents, Post Graduate, O.ÖZMEN(Student), 2006

SÜMER Z., A survey study on Turkish pre-service counselors: Their sources of sexuality information, perceived competence, needs to obtain information, and attitudes toward sexuality, Post Graduate, N.TOPKAYA(Student), 2006

SÜMER Z., Predictors of disordered eating among Turkish university students, Post Graduate, Ü.PEMBEÇİOĞLU(Student), 2005

Designed Lessons

Sümer Z., Adlerian Counseling , Under Graduate, 2015 - 2016

Sümer Z., Interpersonal Relations, Post Graduate, 2003 - 2004

Sümer Z., Güneri O., Conflict Management in Human Resource Education , Post Graduate, 2003 - 2004

Sümer Z., Güneri O., Special Topics in Human Resource Education , Post Graduate, 2003 - 2004

Program Developments

Sümer Z., Tezer E., License, METU-NCC Guidance and Psychological Counseling Undergraduate Program, 2011 - Continues

Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- **How to maintain a marriage: Maintenance behaviors, equity, and appreciation in understanding marital satisfaction(+)**
Kayabol N. B. A. , SÜMER Z.
CURRENT PSYCHOLOGY, 2020 (Journal Indexed in SSCI)
- **Turkish Version of the Multidimensional Measure of Emotional Abuse: Preliminary Psychometrics in College Students**
Demirtas E. T. , Sumer Z. H. , Murphy C. M.
VIOLENCE AND VICTIMS, vol.33, pp.275-295, 2018 (Journal Indexed in SSCI)
- **Intimate Partner Violence in Turkey: The Turkish Intimate Partner Violence Attitude Scale-Revised**
Demirtas E. T. , SÜMER Z., Fincham F. D.
JOURNAL OF FAMILY VIOLENCE, vol.32, pp.349-356, 2017 (Journal Indexed in SSCI)
- **Gender, Religiosity, Sexual Activity, Sexual Knowledge, and Attitudes Toward Controversial Aspects of Sexuality**
SÜMER Z.
JOURNAL OF RELIGION & HEALTH, vol.54, pp.2033-2044, 2015 (Journal Indexed in SSCI)
- **EFFECTS OF GENDER AND SEX-ROLE ORIENTATION ON SEXUAL ATTITUDES AMONG TURKISH UNIVERSITY STUDENTS**
Sumer Z. H.
SOCIAL BEHAVIOR AND PERSONALITY, vol.41, pp.995-1008, 2013 (Journal Indexed in SSCI)
- **The Relation Between Dating Violence Victimization and Commitment Among Turkish College Women: Does the Investment Model Matter?**
Toplu-Demirtas E., Sümer Z., White J. W.
INTERNATIONAL JOURNAL OF CONFLICT AND VIOLENCE, vol.7, pp.203-215, 2013 (Journal Indexed in SSCI)
- **Predictors of risk-taking behaviors among Turkish adolescents**
Ozmen O., Sumer Z. H.

- PERSONALITY AND INDIVIDUAL DIFFERENCES, vol.50, pp.4-9, 2011 (Journal Indexed in SSCI)
A longitudinal, naturalistic inquiry of the adaptation experiences of the female expatriate spouse living in Turkey
Bikos L. H. , Ciftci A., Guneri O. Y. , Demir C. E. , Sumer Z. H. , Danielson S., DeVries S., Bilgen W. A.
- JOURNAL OF CAREER DEVELOPMENT, vol.34, pp.28-58, 2007 (Journal Indexed in SSCI)
A repeated measures investigation of the first-year adaptation experiences of the female expatriate spouse living in Turkey
Bikos L. H. , Ciftci A., Guneri O. Y. , Demir C. E. , Sumer Z. H. , Danielson S., DeVries S., Bilgen W. A.
- JOURNAL OF CAREER DEVELOPMENT, vol.34, pp.5-27, 2007 (Journal Indexed in SSCI)
Predictors of disordered eating among Turkish university students
Sumer Z., Pembecioglu U.
- PSYCHOLOGY & HEALTH, vol.20, pp.260-261, 2005 (Journal Indexed in SSCI)
Students Beliefs about Mathematics A Descriptive Study
AKSU M., ENGİN DEMİR C., SÜMER Z.
- Egitim Ve Bilim-Education And Science, vol.27, pp.72-77, 2002 (Journal Indexed in SSCI)
Sources of self-identity among Turkish adolescents
Guneri O., Sumer Z., Yildirim A.
- ADOLESCENCE, vol.34, pp.535-546, 1999 (Journal Indexed in SSCI)

Articles Published in Other Journals

- **Kadınlara Yönelik Psikolojik Şiddet Ölçeğinin (Psychological Maltreatment of Women Inventory) Türk kültürüne uyarlanması**
Sümer Z.
- PDR Türk Psikolojik Danışma ve Rehberlik Dergisi, vol.9, pp.341-371, 2019 (Other Refereed National Journals)
Attachment insecurity and restrictive engulfment in college student relationships: the mediating role of relationship satisfaction
Toplu-Demirtas E., Murray C., Hatipoglu-Sumer Z.
- JOURNAL OF AGGRESSION CONFLICT AND PEACE RESEARCH, vol.11, pp.24-37, 2019 (Journal Indexed in ESCI)
Adler Yaklaşımında Aile Danışmanlığı
Akçabozan Kayabol N. B. , Sümer Z.
- Türk Psikolojik Danışma ve Rehberlik, vol.6, pp.87-101, 2016 (Other Refereed National Journals)
Individual Psychology in Turkey
Sümer Z.
- Journal of Individual Psychology, vol.68, pp.411-419, 2012 (International Refereed University Journal)
Field testing the college student experiences questionnaire in Turkey
Sümer Z., Bikos L., Güneri O., Engin Demir C., Schuh J.
- Journal of Educational and Instructional Studies in the World, vol.2, pp.21-37, 2012 (Refereed Journals of Other Institutions)
Saldırgan Davranışlarını Yordamada Çevresel Risk Çevresel Güvenlik ve Okul İklimi Algısı
ÇETİNKAYA YILDIZ E., SÜMER Z.
- PDR Türk Psikolojik Danışma ve Rehberlik Dergisi, vol.4, pp.161-173, 2010 (Other Refereed National Journals)
Rehberlik ve Psikolojik Danışmanlık Öğrencilerinin Cinsel Bilgi Kaynakları Yeterlik Algıları ve Bilgi İhtiyaçları
Topkaya N., Sümer Z.
- PDR Türk Psikolojik Danışma ve Rehberlik Dergisi, vol.4, pp.139-151, 2010 (Other Refereed National Journals)
Preschool Children and Violence Exposure and Victimization Levels
Çetinkaya Yıldız E., Sümer Z.
- İlköğretim Online (elektronik), vol.9, pp.630-642, 2010 (Refereed Journals of Other Institutions)
The Effects of Father Involvement Training on Family Functioning and Adolescents Peer Relations

Kocayörük E., Sümer Z.

Journal of Theory and Practice in Education, vol.5, pp.3-17, 2009 (Other Refereed National Journals)

Who Does Psychotherapy A Historical Look at the Controversy Among Turkish Mental Health Professionals

Aydın G., SÜMER Z.

Boğaziçi Üniversitesi Eğitim Dergisi, vol.18, pp.69-76, 2000 (Other Refereed National Journals)

Incidence of violence in Turkish schools A review

Sümer Z., Aydın G.

International Journal for the Advancement of Counselling, vol.21, pp.335-347, 1999 (Journal Indexed in ESCI)

The role of various social support variables on children s anxiety level

Akkök F., Güneri O., Oral G., Sümer Z.

Mediterranean Journal of Educational Studies, vol.2, pp.71-77, 1997 (International Refereed University Journal)

Books & Book Chapters

Individual Therapy

Sümer Z.

in: Psikolojik Danışma ve Psikoterapi Kuramları: Örnek Uygulamalarla Temel ve Güncel Kuramlar, Zeynep

Karataş, Yasemin Yavuzer, Editor, Pegem A Yayıncılık, Ankara, pp.91-126, 2018

Afetlerde Engelli Bireylere Yönelik Psiko-Sosyal Destek Hizmetleri

SÜMER Z.

in: Afetler Krizler Travmalar ve Psikolojik Yardım, Erdur-Baker Özgür, Doğan Türkan, Editor, Türk Psikolojik

Danışma ve Rehberlik Derneği, pp.221-234, 2017

Beratung von zugewanderten Familien. Stärkung der Erziehungskompetenzen in zugewanderten Familien

Leyendecker B., Sümer Z.

in: Eltern verstehen und stärken. Analysen und Konzepte der Erziehungsberatung, G. Romeike, H. Immelmann,

Editor, Juventa, Munich, pp.259-271, 2010

The neglected component of counselor education: Sexuality education

Sümer Z.

in: Developing counseling: Advancement in the profession, R. Özyürek, F. Korkut-Owen, D. Owen, Editor, Nobel Yayın

Dağıtım, Ankara, pp.183-200, 2007

Sosyal beceri eğitiminin ilköğretim öğrencilerinin algılanan sosyal beceri boyutlarına ve sosyometrik statülerine etkisi

Sümer Z.

in: Deneysel olarak sınanmış grupla psikolojik danışma ve rehberlik programları , S. Erkan, A. Kaya, Editor, Pegem A

Yayıncılık, Ankara, pp.147-226, 2005

Development and learning

Yıldırım A., Güneri O., Sümer Z.

Seçkin Yayıncılık, Ankara, 2002

Refereed Congress / Symposium Publications in Proceedings

Examination Of The Psychometric Properties Of Past And Planned Investments Measure

Üçok S. B. , Sümer Z.

20th International Congress on Psychological Counseling and Guidance , Samsun, Turkey, 25 - 27 October 2018,

pp.548-549

The Role Of Family-Of-Origin Variables On Risk Taking Behaviors Of Turkish Emerging Adults

Kurşuncu M. A. , Sümer Z.

20th International Congress on Psychological Counseling and Guidance , Samsun, Turkey, 25 - 27 October 2018, pp.477-478

● **Adaptation Of Relationship Deciding Scale Into Turkish**

Köksal E. Ç. , Sümer Z.

● 20. Uluslararası Psikolojik Danışma ve Rehberlik Kongresi, Samsun, Turkey, 25 - 27 October 2018, pp.393-394

● **The Relationships Between Psychological Maltreatment and Investment Model**

Dedekorkut S. E. , Sümer Z.

● III. International Contemporary Educational Research Congress, Krakow, Poland, 5 - 08 July 2018, pp.26-27

● **Intimate Partner Acceptance-Rejection / Control and Marital Adjustment : The Mediator Role of Psychological Adjustment**

Aracı İyiyaydın A., Sümer Z.

● 7th International Conference on Interpersonal Acceptance-Rejection, Athens, Greece, 15 - 18 May 2018, pp.34-35

● **The role of self-concept clarity and personal agency in predicting romantic relationship satisfaction of emerging adults**

Köksal E. Ç. , Sümer Z.

● SSEA Thematic Conference: Self And Identity In Emerging Adulthood, Cluj-Napoca, Romania, 17 - 19 May 2018

● **Marital commitment: An examination of its relationship to some demographic and relational variables.**

Akçabozan Kayabol N. B. , Sümer Z.

● 27. Uluslararası Eğitim Bilimleri Kongresi, Antalya, Turkey, 18 - 22 May 2018, pp.3740-3741

● **Psychometric Properties Of The Personal Authority In Family System Questionnaire-Turkish Young Adult Version (pafsq-vc)**

KURŞUNCU M. A. , SÜMER Z.

● 26.Uluslararası Eğitim Bilimleri Kongresi, 20 - 23 April 2017

● **İlişkisel Eşitlik Ölçeğinin Türkçe Uyarlaması ve Psikometrik Özelliklerinin İncelenmesi**

AKÇABOZAN KAYABOL N. B. , SÜMER Z.

● 26. Uluslararası Eğitim Bilimleri Kongresi, Ankara, Turkey, 20 - 23 April 2017, pp.355-362

● **Impact of Past and Planned Investments on Dual- Career Couples' Commitment**

Özgülük S. B. , SÜMER Z.

● Interpersonal Association of Relationship Research Mini Conference, Syracuse, Italy, 23 - 25 June 2017, pp.65

● **We Are Both Working! What Will Be the Destiny of Our Relationship?**

Özgülük S. B. , SÜMER Z.

● International Association Relationship Research Mini Conference, Syracuse, Italy, 23 - 25 June 2017, pp.64-65

● **İlişkilerde Takdir Ölçeğinin Türkçeye Adaptasyonu: Geçerlik ve Güvenirlik Çalışması**

AKÇABOZAN KAYABOL N. B. , SÜMER Z.

● 26. Uluslararası Eğitim Bilimleri Kongresi, Turkey, 20 - 23 April 2017, pp.3150-3151

● **Güvensiz Bağlanma İle Psikolojik Flört Şiddeti Uygulama Arasındaki İlişki İlişki Doyumunun Aracı Rolü**

TOPLU DEMİRTAŞ E., SÜMER Z.

● 19. Ulusal Psikoloji Kongresi, Turkey, 5 - 07 September 2016

● **Ayrımcılık Karşıtı Ders Öğretmen Adaylarının Cinsel Yönelim Olgusuna İlişkin Görüşleri**

TOPLU DEMİRTAŞ E., AKÇABOZAN KAYABOL N. B. , SÜMER Z.

● 25. Ulusal Eğitim Bilimleri Kongresi, Turkey, 21 - 24 April 2016

● **The Role of Conflict Handling Behaviors and Frequency of Conflict on Marital Satisfaction**

AKÇABOZAN N. B. , SÜMER Z.

Relationships Health Wellness, 18 - 21 June 2015

Supported Projects

SÜMER Z., H2020 Project, RISE Women with disabilities In Social Engagement, 2016 - 2020

SÜMER Z., DÖNMEZ M., ÇAĞILTAY K., Project Supported by Higher Education Institutions, Göz Hareketleri ile Kontrol Edilebilen Elektrikli Tekerlekli Sandalye Projesi, 2017 - 2017

SÜMER Z., Project Supported by Higher Education Institutions, İlişki Sürdürme Davranışları, İlişkisel Eşitlik, Evrensel Eşitlik ve İlişkilerde Takdir (Minnetkarlık) Ölçekleri'nin Türkçe Uyarlaması ve Psikometrik Özelliklerinin İncelenmesi, 2016 - 2016

SÜMER Z., Project Supported by Higher Education Institutions, Engelli Bireylere Yönelik Tutumların İncelenmesi: ODTÜ Örneği, 2014 - 2014

SÜMER Z., Project Supported by Higher Education Institutions, Çok Boyutlu Duygusal İstismar Ölçeği'nin Uyarlanması ve Psikometrik Özelliklerinin İncelenmesi, 2013 - 2013

SÜMER Z., Project Supported by Higher Education Institutions, Çatışma Çözme Stilleri Ve Kişilik Özelliklerinin Evlilik Doyumundaki Rolü., 2012 - 2012

SÜMER Z., Project Supported by Higher Education Institutions, Flört İlişkisinde Şiddet: Üniversite Öğrencileri Arasında Yangınlığı, Türleri Ve Yordayıcıları., 2010 - 2010

Scientific Refereeing

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, August 2019

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, August 2019

JOURNAL OF INTERPERSONAL VIOLENCE, Journal Indexed in SSCI, July 2019

JOURNAL OF INTERPERSONAL VIOLENCE, Journal Indexed in SSCI, June 2019

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, June 2019

JOURNAL OF INTERPERSONAL VIOLENCE, Journal Indexed in SSCI, May 2019

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, March 2019

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, March 2019

Journal Of Interpersonal Violence, Journal Indexed in SSCI, February 2019

Journal Of Interpersonal Violence, Journal Indexed in SSCI, February 2019

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, January 2019

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, January 2019

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, January 2019

CURRENT PSYCHOLOGY, Journal Indexed in SSCI, October 2018

Sexuality and Culture, Journal Indexed in ESCI, September 2018

JOURNAL OF INTERPERSONAL VIOLENCE, Journal Indexed in SSCI, March 2018

JOURNAL OF INTERPERSONAL VIOLENCE, Journal Indexed in SSCI, December 2017

Sexuality and Culture, Journal Indexed in ESCI, August 2017

EUROPEAN JOURNAL OF SOCIAL WORK, Journal Indexed in SSCI, July 2017

NURSE EDUCATION IN PRACTICE, Journal Indexed in SSCI, June 2017

AGGRESSION AND VIOLENT BEHAVIOR, Journal Indexed in SSCI, March 2017

AGGRESSION AND VIOLENT BEHAVIOR, Journal Indexed in SSCI, March 2017

JOURNAL OF INTERPERSONAL VIOLENCE, Journal Indexed in SSCI, March 2017

JOURNAL OF HOMOSEXUALITY, Journal Indexed in SSCI, May 2015

Citations

Total Citations (WOS):68

h-index (WOS):6

Scholarships

Doktora sonrası araştırma bursu, TÜBİTAK, 2001 - 2002