

Res. Asst. HAKAN KURU

Personal Information

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Education Information

Doctorate, Middle East Technical University, Graduate School of Social Sciences, Beden Eğitimi Ve Spor (Dr), Turkey
2014 - Continues

Post Graduate, Middle East Technical University, Graduate School of Social Sciences, Beden Eğitimi Ve Spor (YI) (Tezli),
Turkey 2012 - 2018

Under Graduate, Middle East Technical University, Faculty of Engineering, Department of Food Engineering, Turkey 2001
- 2012

Foreign Languages

English, C1 Advanced

Dissertations

Post Graduate, Examining technology based health coaching needs of college graduate employees, Middle East Technical
University, Graduate School of Social Sciences, Beden Eğitimi Ve Spor (YI) (Tezli), 2014

Academic Titles / Tasks

Research Assistant, Middle East Technical University, Faculty of Education, Department of Physical Education and Sports,
2015 - Continues

Articles Published in Other Journals

- I. **Health promotion needs and ICT supported health coaching expectations of whitecollars by exercise stages, sex and daily time slots**

KURU H., İNCE M. L.

Pamukkale Spor Bilimleri Dergisi, vol.8, pp.41-57, 2017 (Other Refereed National Journals)

Books & Book Chapters

- I. **Behavior Change Techniques Used in Mobile Applications Targeting Physical Activity: A Systematic Review**

Kuru H.

in: Current and Emerging mHealth Technologies , Emre Sezgin,Soner Yıldırım,Sevgi Özkan-Yıldırım,Evren Sumuer,
Editor, Springer, London/Berlin , Munich, pp.23-35, 2018

Refereed Congress / Symposium Publications in Proceedings

- I. **Teknokent Çalışanlarında Fiziksel Aktivite Düzeyi, Genel Yaşam Kalitesi ve İş Performansı İlişkisi**
KURU H., İNCE M. L.
15th Sport Sciences Congress, Antalya, Turkey, 15 - 18 November 2017, pp.288
- II. **Fiziksel Aktivite Odaklı Akıllı Telefon Uygulamalarında Kullanılan Davranış Değiştirme Teknikleri ve Sağlık Davranışı Teorilerinin İncelenmesi**
KURU H., İNCE M. L.
10. Spor Bilimleri Öğrenci Kongresi, Kırıkkale, Turkey, 10 - 12 May 2017
- III. **Identifying the health promotion needs of white collars to support by information and communication technologies**
KURU H., İNCE M. L.
20th Annual Congress of the European College of Sport Science, Malmö, Sweden, 24 - 27 June 2015, pp.251
- IV. **Exploring Possibilities of Designing Virtual Personal Health Coach in Relation to Gender Differences**
KURU H., KURU A.
3rd International Conference on Design, User Experience, and Usability (DUXU), Heraklion, Greece, 22 - 27 June 2014, vol.8519, pp.63-71

Citations

Total Citations (WOS):1

h-index (WOS):1

Awards

Kuru H., Ders Performans Ödülü, Orta Doğu Teknik Üniversitesi, June 2013