

Prof. AYHAN GÜRBÜZ DEMİR

Personal Information

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Education Information

Doctorate, Hacettepe Üniversitesi, Eğitim Bilimleri Enstitüsü, Psikolojik Danışma Ve Rehberlik (YI) (Tezli), Turkey 1985 - 1990

Post Graduate, Hacettepe University, Edebiyat Fakültesi, Psikoloji Bölümü, Turkey 1981 - 1983

Under Graduate, Middle East Technical University, Faculty of Arts and Sciences, Department of Psychology, Turkey 1975 - 1981

Research Areas

Educational Sciences

Academic Titles / Tasks

Professor, Middle East Technical University, Faculty of Education, Department of Educational Sciences, 2002 - Continues
Associate Professor, Middle East Technical University, Faculty of Education, Department of Educational Sciences, 1998 - 2002

Assistant Professor, Middle East Technical University, Faculty of Education, Department of Educational Sciences, 1990 - 1998

Research Assistant, Middle East Technical University, Faculty of Education, Department of Educational Sciences, 1986 - 1990

Occupational Expert, Middle East Technical University, Faculty Of Education, Department Of Educational Sciences, 1985 - 1986

Research Assistant, Middle East Technical University, Faculty Of Education, Department Of Educational Sciences, 1984 - 1985

Professional Experience

Head of Department, Middle East Technical University, Faculty of Education, Department of Educational Sciences, 2012 - 2015

Courses

Advanced Group Counseling, Doctorate, 2018 - 2019, 2019 - 2020

Advanced Individual Counseling, Doctorate, 2018 - 2019

Advising Theses

Demir A. G. , Shyness and fear of negative evaluation as predictors of assertiveness, Post Graduate, S.ILGIN(Student), 2020

Demir A. G. , The investigation of meaning in life in terms of self-construal, self-concept clarity and gratitude among university students, Doctorate, E.ÇEBİ(Student), 2020

Demir A. G. , Differentiation of self: Examination of the concept in the interplay of stress, life satisfaction, and marital satisfaction, Doctorate, A.ULU(Student), 2019

Demir A. G. , Academic procrastination and academic perfectionism as predictors of self-forgiveness, Post Graduate, B.BELGİN(Student), 2019

Demir A. G. , The role of child abuse and gender on loneliness among university students, Post Graduate, E.BAŞOĞLU(Student), 2019

Demir A. G. , Interplay of parental involvement, school belonging, peer social support, and self-esteem in resilience of adolescents from low socioeconomic districts, Doctorate, Ö.SEVİL(Student), 2019

DEMİR A. G. , The relation of family boundary violation to subjective well-being and trait anxiety among adolescents, Post Graduate, C.BEKTAŞ(Student), 2018

DEMİR A. G. , The mediator role of emotion focused coping on the relationship between perceived stress and emotional eating, Post Graduate, N.HAZAL(Student), 2018

DEMİR A. G. , A model towards subjective well-being: The roles of dispositional and state hope, cognitive flexibility, and coping strategies, Doctorate, M.MUYAN(Student), 2017

DEMİR A. G. , Online vs. face-to-face self-disclosure and interpersonal competence: The role of shyness and loneliness, Post Graduate, S.MISIR(Student), 2017

DEMİR A. G. , Predictors of burnout among foreign language instructors, Post Graduate, B.ÖZDEMİR(Student), 2016

DEMİR A. G. , The effectiveness of a cognitive behavioral group program on constraining beliefs about mate selection and romantic beliefs of graduate students, Doctorate, G.SANCAK(Student), 2016

DEMİR A. G. , Self-handicapping among university students: The role of gender, self-esteem, procrastination, test anxiety, and self-compassion, Doctorate, F.BARUTÇU(Student), 2015

DEMİR A. G. , The relationship of academic procrastination and decision making styles among university students, Post Graduate, G.SAYA(Student), 2015

DEMİR A. G. , Burnout as a predictor of senior students' mindfulness, Post Graduate, E.YILDIZ(Student), 2015

DEMİR A. G. , Loneliness with regard to maternal and paternal acceptance-rejection and sibling relationship quality in high school students, Post Graduate, A.ULU(Student), 2015

DEMİR A. G. , The structural relationships of parenting styles, attachment dimensions, loneliness and hope, Doctorate, A.DEMİRLİ(Student), 2013

Jury Memberships

Post Graduate, Post Graduate, Orta Doğu Teknik Üniversitesi, August, 2019

Post Graduate, Post Graduate, Orta Doğu Teknik Üniversitesi, August, 2019

Post Graduate, Post Graduate, Orta Doğu Teknik Üniversitesi, May, 2019

Doctorate, Doctorate, Orta Doğu Teknik Üniversitesi, January, 2019

Appointment Academic Staff, Appointment Academic Staff, Orta Doğu Teknik Üniversitesi, January, 2019

Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- **Resilience in Socioeconomically Disadvantaged Turkish Adolescents: An Ecological Perspective**
Sevil-Gulen O., Demir A.
YOUTH & SOCIETY, 2020 (Journal Indexed in SSCI)
- **A Pathway Towards Subjective Well-Being for Turkish University Students: The Roles of Dispositional Hope, Cognitive Flexibility, and Coping Strategies**
Muyan-Yilik M., Demir A.

- JOURNAL OF HAPPINESS STUDIES, vol.21, pp.1945-1963, 2020 (Journal Indexed in SSCI)
The relationship between perceived interpersonal competence and self-disclosure in an online context: The moderating role of shyness
 MISIR S., Demir A. G. , Koydemir S.
- International Journal of Psychology, vol.55, pp.601-608, 2020 (Journal Indexed in SCI Expanded)
Self-Handicapping Among University Students: The Role of Procrastination, Test Anxiety, Self-Esteem, and Self-Compassion
 Yildirim F. B. , Demir A.
- PSYCHOLOGICAL REPORTS, vol.123, pp.825-843, 2020 (Journal Indexed in SSCI)
Romantic relationship satisfaction, age, course load, satisfaction with income and parental status as predictors of instructors' burnout: Evidence from a correlational study
 Özdemir B., Demir A. G.
- CURRENT PSYCHOLOGY, vol.38, pp.1083-1098, 2019 (Journal Indexed in SSCI)
Loneliness With Regard to Maternal and Paternal Acceptance-Rejection and Sibling Relationship Quality
 ULU YALÇINKAYA A., Demir A. G.
- JOURNAL OF PSYCHOLOGISTS AND COUNSELLORS IN SCHOOLS, vol.28, pp.197-211, 2018 (Journal Indexed in SSCI)
The Relationship Between Parenting Style, Gender and Academic Achievement with Optimism Among Turkish Adolescents
 Cenk D. S. , Demir A. G.
- CURRENT PSYCHOLOGY, vol.35, pp.720-728, 2016 (Journal Indexed in SSCI)
Breakup Adjustment in Young Adulthood
 BARUTÇU YILDIRIM K. F. , Demir A. G.
- JOURNAL OF COUNSELING AND DEVELOPMENT, vol.93, pp.38-44, 2015 (Journal Indexed in SSCI)
The Role of Gender, Attachment Dimensions, and Family Environment on Loneliness Among Turkish University Students
 Demirli A., Demir A. G.
- AUSTRALIAN JOURNAL OF GUIDANCE AND COUNSELLING, vol.24, pp.62-75, 2014 (Journal Indexed in SSCI)
CHILDREN'S SENSE OF LONELINESS AND SOCIAL DISSATISFACTION, AFTER-SCHOOL CARE
 DEMİRCAN H. Ö. , Demir A. G.
- PSYCHOLOGICAL REPORTS, vol.114, pp.169-175, 2014 (Journal Indexed in SSCI)
Reducing Academic Procrastination Through a Group Treatment Program: A Pilot Study
 Ozer B. U. , Demir A. G. , Ferrari J. R.
- JOURNAL OF RATIONAL-EMOTIVE AND COGNITIVE-BEHAVIOR THERAPY, vol.31, pp.127-135, 2013 (Journal Indexed in SSCI)
ASSESSMENT OF RELIABILITY AND VALIDITY OF THE TURKISH VERSION OF HEARTLAND FORGIVENESS SCALE
 Bugay A., Demir A. G. , Delevi R.
- PSYCHOLOGICAL REPORTS, vol.111, pp.575-584, 2012 (Journal Indexed in SSCI)
PSYCHOMETRIC PROPERTIES OF FRUSTRATION DISCOMFORT SCALE IN A TURKISH SAMPLE
 Ozer B. U. , Demir A. G. , Harrington N.
- PSYCHOLOGICAL REPORTS, vol.111, pp.117-128, 2012 (Journal Indexed in SSCI)
Psychometric Properties of the Turkish Version of Trait Shame and Guilt Scale
 Bugay A., DEMİR A. G.
- EGİTİM ARASTIRMALARI-EURASIAN JOURNAL OF EDUCATIONAL RESEARCH, vol.11, pp.17-30, 2011 (Journal Indexed in SSCI)
Psychometric Evaluation of the College Adjustment Self-Efficacy Scale for Turkish University Students
 Orucu M. C. , Demir A. G.
- EUROPEAN JOURNAL OF PSYCHOLOGICAL ASSESSMENT, vol.27, pp.153-156, 2011 (Journal Indexed in SSCI)

- **Structural Validity of Turkish Versions of the Gender Role Conflict Scale and Male Role Norms Scale**
Lease S. H. , Ciftci A., Demir A. G. , Boyraz G.
PSYCHOLOGY OF MEN & MASCULINITY, vol.10, pp.273-287, 2009 (Journal Indexed in SSCI)
- **The Relationship Between Perceived Parental Attitudes and Shyness among Turkish Youth: Fear of Negative Evaluation and Self-esteem as Mediators**
KOYDEMİR ÖZDEN S., DEMİR A. G.
CURRENT PSYCHOLOGY, vol.28, pp.169-180, 2009 (Journal Indexed in SSCI)
- **Psychometric evaluation of perceived stress scale for Turkish university students**
Orucu M. C. , Demir A. G.
STRESS AND HEALTH, vol.25, pp.103-109, 2009 (Journal Indexed in SCI)
- **Chronic Procrastination Among Turkish Adults: Exploring Decisional, Avoidant, and Arousal Styles**
Ferrari J. R. , Ozer B. U. , Demir A. G.
JOURNAL OF SOCIAL PSYCHOLOGY, vol.149, pp.402-407, 2009 (Journal Indexed in SSCI)
- **Exploring Academic Procrastination Among Turkish Students: Possible Gender Differences in Prevalence and Reasons**
Ozer B. U. , Demir A. G. , Ferrari J. R.
JOURNAL OF SOCIAL PSYCHOLOGY, vol.149, pp.241-257, 2009 (Journal Indexed in SSCI)
- **TURKISH ADOLESCENTS' CONFLICT RESOLUTION STRATEGIES TOWARD PEERS AND PARENTS AS A FUNCTION OF LONELINESS**
Ciftci A., Demir A. G. , Bikos L. H.
ADOLESCENCE, vol.43, pp.911-926, 2008 (Journal Indexed in SSCI)
- **Shyness and Cognitions: An Examination of Turkish University Students**
KOYDEMİR ÖZDEN S., Demir A. G.
JOURNAL OF PSYCHOLOGY, vol.142, pp.633-644, 2008 (Journal Indexed in SSCI)
- **The efficacy of reminiscence therapy on the life satisfaction of Turkish older adults: A preliminary study**
Siviş R., Demir A. G.
Turk Geriatri Dergisi, vol.10, pp.131-137, 2007 (Journal Indexed in SCI Expanded)
- **Psychometric properties of the brief version of the fear of negative evaluation scale in a Turkish sample**
Koydemir S., Demir A. G.
PSYCHOLOGICAL REPORTS, vol.100, pp.883-893, 2007 (Journal Indexed in SSCI)
- **The efficacy of reminiscence therapy on the life satisfaction of Turkish Older Adults A Preliminary study**
SİVİŞ ÇETİNKAYA R., DEMİR A. G.
Turkish Journal of Geriatrics, vol.10, pp.131-137, 2007 (Journal Indexed in SSCI)
- **Availability of mental health services for older adults: A cross-cultural comparison of the United States and Turkey**
Sivis R., McCrae C., Demir A. G.
AGING & MENTAL HEALTH, vol.9, pp.223-234, 2005 (Journal Indexed in SSCI)
- **Loneliness and social dissatisfaction in Turkish adolescents**
Demir A. G. , Tarhan N.
JOURNAL OF PSYCHOLOGY, vol.135, pp.113-123, 2001 (Journal Indexed in SSCI)
- **Applicability of the dyadic adjustment scale for measurement of marital quality with Turkish couples**
Fisiloglu H., Demir A. G.
EUROPEAN JOURNAL OF PSYCHOLOGICAL ASSESSMENT, vol.16, pp.214-218, 2000 (Journal Indexed in SSCI)
- **Loneliness and marital adjustment of Turkish couples**
Demir A. G. , Fisiloglu H.
JOURNAL OF PSYCHOLOGY, vol.133, pp.230-240, 1999 (Journal Indexed in SSCI)

Articles Published in Other Journals

- **Help-Seeking Attitudes of University Students in Turkey**
Cebi E., Demir A. G.
International Journal for the Advancement of Counselling, vol.42, pp.37-47, 2020 (Refereed Journals of Other Institutions)
- **Burnout as a predictor of senior students' mindfulness**
Akyol E. Y. , Demir A. G.
JOURNAL OF HUMAN BEHAVIOR IN THE SOCIAL ENVIRONMENT, vol.29, pp.256-265, 2019 (Journal Indexed in ESCI)
- **Predictors of Loneliness among University Students in Turkey: Shyness and Gender**
Muyan-Yilik M., Sancak-Aydin G., Demir A. G.
CUKUROVA UNIVERSITY FACULTY OF EDUCATION JOURNAL, vol.47, pp.246-259, 2018 (Journal Indexed in ESCI)
- **Lisansüstü Öğrencilerinin Eş Seçimini Etkileyen ve Sınırlandıran Görüş ve İnançları**
SANCAK AYDIN G., DEMİR A. G.
Ege Eğitim Dergisi, vol.18, pp.627-652, 2017 (Other Refereed National Journals)
- **Kendini Engellemenin Yordayıcıları Olarak Öz Saygı, Öz Anlayış ve Akademik Özyeterlilik**
BARUTÇU YILDIRIM K. F. , DEMİR A. G.
Ege Eğitim Dergisi, vol.18, pp.676-701, 2017 (Other Refereed National Journals)
- **Job Satisfaction and Burnout Risk Among American and Turkish Counselor Educators**
dean o., DEMİR A. G.
Yaşadıkça Eğitim, vol.29, pp.1-12, 2015 (Refereed Journals of Other Institutions)
- **The Effect of Attachment Styles on Attitude towards Help Seeking**
IRKÖRÜCÜ A., DEMİR A. G.
Mersin Üniversitesi Eğitim Fakültesi Dergisi, vol.11, pp.1063-1074, 2015 (Other Refereed National Journals)
- **Erteleme türleri bileşenleri demografik etkenler kültürel farklılıklar**
UZUN R. B. , DEMİR A. G.
Ege Üniversitesi Eğitim Fakültesi Dergisi, vol.16, pp.106-121, 2015 (Other Refereed National Journals)
- **The Investigation of Facebook usage Purposes and Shyness Loneliness**
SANCAK AYDIN G., MUYAN M., DEMİR A. G.
Procedia - Social and Behavioral Sciences, vol.93, pp.737-741, 2013 (Refereed Journals of Other Institutions)
- **Facebook usage in terms of gender and romantic relationship status**
MUYAN M., SANCAK AYDIN G., DEMİR A. G.
AWERProcedia Information Technology & Computer Science, vol.4, pp.251-256, 2013 (Refereed Journals of Other Institutions)
- **Psikolojik Danışma Öz Yeterlik Ölçeği Türkçe Formu nun Geçerlik ve Güvenirlik Çalışması**
pamukçu b., DEMİR A. G.
Türk Psikolojik Danışma ve Rehberlik Dergisi, vol.40, pp.212-221, 2013 (Other Refereed National Journals)
- **Affetme Arttırılabilir mi Affetmeyi Geliştirme Grubu**
BUGAY TUNA A., DEMİR A. G.
Türk Psikolojik Danışma ve Rehberlik Dergisi, vol.37, pp.96-106, 2012 (Other Refereed National Journals)
- **Hataya ilişkin özelliklerin başkalarını affetmeyi yordaması**
BUGAY TUNA A., DEMİR A. G.
Türk Psikolojik Danışma ve Rehberlik Dergisi, vol.35, pp.8-17, 2011 (Other Refereed National Journals)
- **Psychological adaptation of Turkish students at U S campuses**
KAĞNICI D. Y. , DEMİR A. G.
International Journal for the Advancement of Counselling, vol.31, pp.130-143, 2009 (Refereed Journals of Other Institutions)
- **Conflict behaviors toward mothers and fathers among male and female turkish adolescents**
Tezer E., Demir A. G.
Family Therapy, vol.35, pp.83-92, 2008 (Refereed Journals of Other Institutions)

- **Conflict behaviors towards mothers and fathers among male and female Turkish Adolescents**
esin t, DEMİR A. G.
Family Therapy, vol.35, pp.83-92, 2008 (Refereed Journals of Other Institutions)
- **The effects of structured peer consultation program on school counselor in Turkey**
ÇOBAN A., DEMİR A. G.
Journal of Applied Sciences, vol.7, pp.3774-3779, 2007 (Refereed Journals of Other Institutions)
- **Acculturative stress of international students**
BUGAY TUNA A., BÜYÜKGÖZE KAVAS A., DEMİR A. G.
The International Journal of Interdisciplinary Social Sciences, vol.2, pp.33-37, 2007 (Refereed Journals of Other Institutions)
- **ODTU öğrencilerinde yardım arama davranışıThe help-seeking behaviors of METU students**
KOYDEMİR S., DEMİR A. G.
Marmara Üniversitesi Atatürk Eğitim Fakültesi Eğitim Bilimleri Dergisi, vol.22, pp.211-218, 2005 (Other Refereed National Journals)
- **Student Counselling in Turkish Universities**
Aydın G., Demir A. G.
International Journal for the Advancement of Counselling, vol.18, pp.287-302, 1996 (Refereed Journals of Other Institutions)

Books & Book Chapters

- **Grupla Psikolojik Danışma 10. Baskı Ağustos 2019**
Demir A. G. (Editor)
Pegem A Yayıncılık, Ankara, 2019
- **Group Counseling**
Demir A. G. (Editor)
Pegem A Yayıncılık, Ankara, 2019

Refereed Congress / Symposium Publications in Proceedings

- **The relationship between perceived stress and emotional eating: The role of emotion focused coping**
Yılmaztürk N. H. , Demir A. G. , Çelik Örcü M.
33rd Annual Conference of European Health Psychology Society, Dubrovnik, Croatia, 3 - 07 September 2019,
pp.814
- **The relationships between body image and loneliness among Turkish university students**
DEMİR M., DEMİR A. G. , Demir A.
7th Teaching Education Conference, 21 - 24 May 2019
- **ACADEMIC PROCRASTINATION AND DECISION MAKING STYLES**
KALKAN M., DEMİR A. G. , Demir A.
5th International Conference on Research in Behavioral and Social Science, 7 - 09 December 2018
- **The Role of Experiential Avoidance and Mindfulness on Self-Esteem Levels of METU Students**
KURŞUNCU M. A. , ULU YALÇINKAYA A., DEMİR A. G. , Demir A.
ERPA International Congress on Education 2018, İstanbul, Turkey, 28 June - 01 July 2018, vol.1, pp.310-313
- **Loneliness, Mindfulness, Daily Online Social Networking Time and Duration of Romantic Relationship with regard to Problematic Internet Use**
ULU YALÇINKAYA A., KURŞUNCU M. A. , DEMİR A. G. , DEMİR A.
ERPA International Congress on Education 2018, İstanbul, Turkey, 28 June - 01 July 2018, vol.1, pp.314-316
- **Satisfaction with life and perceived stress on university students**
DEMİR A. G. , KALKAN M., Demir A.

- 2018 7th International Conference on Teaching, Education Learning (ICTEL), 13 - 14 June 2018
The Relationship between Academic Perfectionism and Academic Satisfaction
KALKAN M., DEMİR A. G.
- 2018 7th International Conference on Teaching, Education Learning (ICTEL), 13 - 14 June 2018
Examining hope as a mediator of the link between procrastination and psychological well-being
MUYAN YILIK M., DEMİR A. G.
- III. INES Education and Social Science Congress, 28 April - 01 May 2018
Predicting domain specific hope levels of university students in Turkey: Examining the roles of personal belief in a just world and gender
MUYAN YILIK M., DEMİR A. G.
- III. INES Education and Social Science Congress, 28 April - 01 May 2018
Sibling relationships and parental acceptance rejection
ULU YALÇINKAYA A., DEMİR A. G.
- 14th International Conference on Social Sciences, Frankfurt, Germany, 2 - 03 March 2018, vol.2, pp.720
The Reasons of Absenteeism among High School Students
KALKAN M., DEMİR A. G.
- 2017 International Symposium on Education and Psychology, 4 - 06 April 2017
Understanding Adolescent Loneliness In Parental Acceptance-Rejection Theory
ULU YALÇINKAYA A., DEMİR A. G.
- 26. Eğitim Bilimleri Kongresi, Antalya, Turkey, 20 - 23 April 2017
Attachment Styles and Conflict Behaviors
DEMİR A. G. , KALKAN M.
- The WEI International Academic Conference, Roma, Italy, 14 - 16 November 2016
Cognitive flexibility as a predictor of life satisfaction Does hope contribute to further prediction
MUYAN M., DEMİR A. G.
- 7th World Conference on Psychology, Counseling, and Guidance, Aydın, Turkey, 28 April 1916 - 30 April 2016
Burnout of school counselors
KALKAN M., DEMİR A. G.
- 5th Annual International Conference on Education & e-Learning (EeL 2015), 14 - 15 September 2015, pp.20-22
Relationship procrastination between self regulation and A mediational role of self esteem
UZUN R. B. , DEMİR A. G.
- 9th Biennial Conference on Procrastination, 15 - 16 July 2015
A Turkish version of Heartland Forgiveness Scale
Bugay A. G. , Demir A.
- World Conference on Psychology, Counselling and Guidance (WCPCG 2010), Antalya, Turkey, 22 - 25 April 2010, vol.5, pp.1927-1931

Supported Projects

- DEMİR A. G. , ULU YALÇINKAYA A., Project Supported by Higher Education Institutions, ÜNİVERSİTE ÖĞRENCİLERİNDE YALNIZLIK İLE SOSYAL AĞ KULLANIM AMAÇLARI ve PROBLEMLİ İNTERNET KULLANIMI, 2017 - Continues
- DEMİR A. G. , Project Supported by Higher Education Institutions, ODTÜ ÖĞRENCİLERİNDE YALNIZLIK ve BEDEN İMAJI, 2015 - 2016
- DEMİR A. G. , Project Supported by Higher Education Institutions, Üniversite öğrencilerinde sosyal aidiyet ile umut düzeyi, yaşam doyumu, yalnızlık arasındaki ilişki, 2014 - 2015
- DEMİR A. G. , Project Supported by Higher Education Institutions, Odtü. Öğrencilerinde Facebook Kullanım ile Yalnızlık Ve Utangaçlığın İlişkisi, 2012 - 2012
- DEMİR A. G. , Project Supported by Higher Education Institutions, Üniversite Öğrencilerinde Erteleme Davranışlarıyla Başa Çıkma, 2009 - 2009

Memberships / Tasks in Scientific Organizations

ODTÜ Eğitim Fakültesi İnsan Kaynakları Kurul, Member, 2016 - 2020, Turkey

ODTÜ İnsan Arařtırmaları Etik Kurulu , Member, 2017 - 2019, Turkey

Scientific Refereeing

MEN AND MASCULINITIES, Journal Indexed in SSCI, June 2019

Citations

Total Citations (WOS):583

h-index (WOS):12